



Thomas H. Scott

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Summary of Qualifications:

- Board certified in Anesthesia and Pain Management
- Skilled in Pain Management, OR Anesthesia, Ultrasound Guided Regional Anesthesia, Education, and Process Improvement
- Developed and directed pain management services for private major health system
- Director of Quality Improvement for the department of anesthesia in academic institution
- Active Medical Licenses: Pennsylvania, MD434136, District of Columbia, MD043056; Delaware, C1-0010078

Current Employment:

Founder/Principle - Scott Integrated Pain Management, LLC

12/2017-Present

- Dr. Scott sees pain patients at his office in center city Philadelphia. Most pain practices are designed to guide patients into accepting well reimbursed, but often ineffective combinations of drugs, injections, and surgery. Frequently, pain is not easily cured with a simple drug or injection. His focus is on the interaction of biological, psychological, and social factors which in concert lead to a state of disability. Good candidates for Dr. Scott are interested not only in medical therapy, but also in understanding the complex nature of the pain experience and learning physical and psychological skills for necessary for coping with chronic pain.

Founder/CEO Nopium Consulting LLC 7/2017-Present

- Startup providing state of the art pain management that reduces or eliminates reliance on opioid pain relievers through peer-to-peer training and health care consultation as well as direct patient care both in and out of the hospital.

Former Employment:

Assistant Professor, Anesthesia and Critical Care Medicine,
George Washington University School of Medicine and Health Sciences
07/2015 – 6/2017

- **Director of Quality Improvement**

Shareholder/Partner, Anesthesia Services, P.A. (ASPA), New Castle, DE

07/2012-06/2015

- **Medical Director Acute Pain Services, Christiana Care Health System**
- **Associate Chief, Section of Pain and Palliative Care, Christiana Care Health System -
OR Anesthesiologist**

Board Certifications:

Pain Medicine, 2013

Anesthesiology, 2012

Internal Medicine, 2008-2018

Post-Graduate Training:

07/2011-07/2012: **Hospital of the University of Pennsylvania**, Fellow in Pain Medicine, Philadelphia, PA

07/2008-06/2011: **Hospital of the University of Pennsylvania**, Resident in Anesthesia, Philadelphia, PA 06/2006-

06/2008: **Hospital of the University of Pennsylvania**, Resident in Internal Medicine, Philadelphia, PA 06/2005-

06/2006: **Georgetown University Hospital**, Intern in Internal Medicine, Washington, D.C.

Education:

2001-2005: **University of Pennsylvania Medical School**, Philadelphia, PA, MD, May 2005

1997-1999: **Harvard University**, Cambridge, MA, BA Biochemistry, *Magna Cum Laude*, June 1999 1995-1997:
Stanford University, Stanford, CA

Awards and Honors:

2017: Teacher of the Year, George Washington University, Department of Anesthesia and Critical Care Medicine

2013: Nurse Physician Ambassador Award, Christiana Care Health System

2010: Resident of the Year, Department of Anesthesiology and Critical Care, Hospital of the University of Pennsylvania

2009: American Society of Anesthesiology Foundation for Anesthesia Education and Research resident fellow award.

2006: Jerry I. Cherner, Research Achievement Award, Georgetown University Hospital

Peer-Reviewed Publications:

Scott TH, Ballentyne J. "Chapter 3.1: Opioids" in Pharmacology in Anesthesia Practice (1st ed.) Anita Gupta, Nina Singh-Radcliff (eds) Oxford University Press, 2013 (462 pages)

Scott TH, Gavrin J. "Palliative Surgery in the do-not-resuscitate patient: Ethics and Practical Suggestions for Management." *Anesthesiology Clinics*; 2012 Mar;30(1):1-12.

McCunn, M, Gordon, E, Scott, T. "Anesthesia Concerns in Trauma Victims Requiring Operative Intervention: The Patient Too Sick to Anesthetize." *Anesthesiology Clinics*; 2010; 28(1): 97-116.

Schofield MJ, Nayak S, Scott TH, Du C, Hsieh, P. "Interaction of Escherichia coli MutS and MutL at a DNA mismatch." *J Biol Chem*. 2001 Jul 27;276(30):28291-9.

National Meeting Presentations

Lubinsky G, Lee J, Sachs A, Jaluba K, Patel F, Scott TH. "Sub-dissociative ketamine is safe for hospital floor patients without continuous monitoring" Presented at the American Society of Regional Anesthesia 2017 Annual Meeting, San Francisco, CA. April 6, 2017.

Keen B, Scott TH. "Insertion of a Temporary Intrathecal Catheter for Acute Baclofen Withdrawal in a Patient with Infected Intrathecal Baclofen Pump" Presented at American Society of Anesthesiologists 2016 Annual Meeting, Chicago, IL. October 23, 2016.

Calhoun G, Theissen R, Scott TH. "Peripheral spread of CRPS after spinal injury, a case presentation" Presented at American Society of Anesthesiologists 2016 Annual Meeting, Chicago, IL. October 22, 2016.

Invited Presentations/Abstracts:

"There are no narcotics left. Now what?" Invited speaker at Eastern Association for the Study of Trauma (EAST), annual scientific assembly. Austin, TX 1/18/2019

"The Acute Pain Gap: How to reduce the transition from acute to chronic opioid use" Division of Pain Medicine Grand Rounds, Walter Reed Hospital, Bethesda, MD 6/18/2018

"The Acute Pain Gap: How to reduce the transition from acute to chronic opioid use" Invited speaker. Chest Wall Injury Society annual meeting, Park City, UT 3/8/2018

"The Acute Pain Gap: How to reduce the transition from acute to chronic opioid use" Department of Anesthesiology Grand Rounds, Walter Reed Hospital, Bethesda, MD 1/26/2018

"The US Opioid Epidemic and Pain Management" Whitehouse Office of National Drug Control Policy, June 6, 2017.

"Opioid Free Anesthesia" Department of Surgery Grand Rounds, George Washington University Hospital, April 12 2017.

"Opioid Free Anesthesia" Annual Meeting of Delaware Perioperative Nurses Council, keynote address, February 23rd 2017.

"Origins of the US opioid epidemic, and the future of multidisciplinary pain management" Department of Medicine Grand Rounds, George Washington University Hospital, Washington, DC, January 26th 2017.

"Opioid Free Anesthesia" Department of Anesthesia Grand Rounds, George Washington University Hospital, November 30th 2017.

"Substance Abuse in Healthcare Providers" Delaware Emergency Nurses Association 2016 Annual Meeting, Dover, DE, November 9th 2016.

"Origins of the US opioid epidemic, and the future of multidisciplinary pain management" Department of Anesthesia Grand Rounds, George Washington University Hospital, Washington, DC, June 25th 2016

"Origins of the US opioid epidemic, and the future of multidisciplinary pain management" Annual Meeting of Delaware Perioperative Nurses Council, keynote address, April 15th 2016.

"Pain Management in Orthopedic Surgery" Department of Orthopedic Surgery Grand Rounds, George Washington University Hospital, Washington DC April 14th 2016.

"Pain Management in Urology" Department of Urology Grand Rounds, George Washington University Hospital, Washington, DC, February 3rd 2016.

"Pain in the United States: Past, Present, Future." Department of Medicine Grand Rounds, Christiana Care Health System, May 21st, 2015.

"Challenges in Safe and Effective Pain Management." Presentation to the Evidence-Based Nurses' Council, Christiana Care Health System, Newark, DE, July 22, 2014.

"Multidisciplinary Pain Management: Moving Beyond Pills and Procedures." Presented at the 2014 Delaware Pain Initiative at the Delaware Medical Society, Newark, DE, April 25, 2014.

- “Perioperative Ketamine and the Management of the Chronic Pain Patient.” Presented to the Delaware Professional Nurses’ Council, Christiana Care Health System, Newark, DE, February 9, 2014.
- “No Harm Intended: Lessons in Safe Opioid Management.” Presented at quarterly lecture series at Christiana Care Health System, Newark, DE, February 4, 2014.
- “Morbidity and Mortality in Acute Pain Management.” Presented at the Department of Medicine Grand Rounds, Christiana Care Health System, Newark, DE, December 5, 2013.
- “Intraoperative Blood Pressure and Essential Hypertension: Does General Anesthesia Unmask Essential Hypertension?” Department of Anesthesia and Critical Care Grand Rounds, Philadelphia, PA, June 3, 2010.
- “Management of Anesthesia in a Morbidly Obese Woman with Life Threatening Bronchospasm during a Previous General Anesthetic: Lessons in History.” Poster Presentation, National Meeting of the American Society of Anesthesiologists, New Orleans, LA, October 20, 2009.
- “Physician utilization of CT, V/Q, and D-dimer testing in the diagnosis of suspected pulmonary embolism.” Presented at the Georgetown University Hospital, Dep’t of Internal Medicine Grand Rounds, Washington, D.C., August 31, 2006.
- “Physician utilization of CT, V/Q, and D-dimer testing in the diagnosis of suspected pulmonary embolism.” Presented to the regional Washington, D.C. area American College of Physicians meeting as the representative of Georgetown University Hospital, Washington D.C., November, 2005.
- “Alarming Incidence of Upper Extremity Deep Venous Thrombosis in Hospitalized Patients: A Retrospective Review of Venous Doppler Ultrasound Diagnosis of Deep Venous Thrombosis.” Accepted as an alternate to present at the Radiological Society of North America International Conference, Chicago, IL, November, 2005.

Special Skills:

Basic Conversational and Medical French and Spanish.